

# Luge Canada Competition Development Pathway

## Training Phase

Minimum 18 Years old

MSM-Teaching & Learning  
MSM- Making Ethical Decisions  
MSM- Plan a Practice  
MSM -Design a basic Sport Program

### CAC Comp Dev MSM

Coaching and Leading effectively  
Managing Conflict  
Manage a Sport Program  
Leading Drug Free Sport  
Psychology of Performance\*\*  
Developing Athletic Abilities\*\*  
Prevention & Recovery\*\*  
Performance Planning  
Advanced Practice Planning

\*\* To be completed before the Performance Planning Module

### CSI Network

Analyse Technical & Tactical Performance

### Canadian Luge Association

Analyse Technical & Tactical Mentoring program

## Certification Phase

Register for evaluation with Canadian Luge Association

### Build Coach Portfolio \*

Leadership Plan  
Yearly Training Plan  
4 Practice Plans  
Coach Assessment  
Emergency Action Plan  
Athlete/Team Orientation  
Competition Report  
MED Online Evaluation  
Drug Free Sport Online Eval.  
Managing Conflict Online Eval.  
Making Headway Online Module

\* Evaluation by PTCR

Equipment Inspection

Observation in Training

Observation in Competition

## Maintenance Phase

30 PD points with Luge, NCCP or other Professional Development activities

Advanced Coaching Diploma or Masters Degree in HP coaching and Technical Leadership

Learning Facilitator Training and Updates

Evaluator Training and Updates

Mentor Training and Updates

Master Learning Facilitator and Evaluator Training and Updates

Dev Coach Trained

Dev Coach Certified

Dev Coach Maintained